Mental Health Picture Books

- Ruby Finds a Worry
- Big
- In the Blue
- Spinky Sulks
- Mamá’s Cloud
- A Blue Kind of Day
- Eli the Bipolar Bear
- Balloon!
- Gloria’s Big Problem
- Mindi and the Goose No One Else Could See
- Violet Shrink
- Shatter a Sadness
- I’m Worried
- Pilar’s Worries
- Wemberly Worried
- Healthy Ninja
- The Little Book of Big What-Ifs
- Crying is Like the Rain
- Dr. Kevin Sparenberg
- Binny the Baboon and the Big Worries
- Pocket’s Full of Rocks