

HPL ARMCHAIR TRAVELERS: **POLAND**



“A to Z World Travel” is one of the world’s largest and most comprehensive databases of country information. It is a good place to start to get global knowledge on a country and its major cities. For our **Poland** destination, “A to Z World Travel” covers the major city of **Warsaw**.

For each city, you will find: City Overview – Activities – Climate and Weather – Communications – Electrical – Embassies/Consulates – Food and Recipes – Health and Medical – Language – Maps – Money and Banking – Transportation – Travel Essentials.

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Would you like to learn to say a few words in the language of the country you are visiting?

Mango Languages is an online language learning database, also available as an “app” for your electronic devices. It offers 71 different language courses. The official languages in **Poland** is **Polish**. Mango Languages offers **Polish**.

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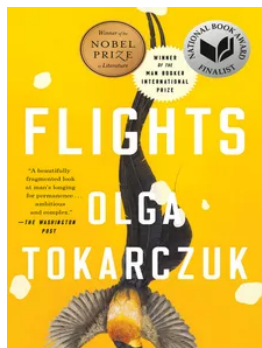
“Zebra” Kayah

Katarzyna Magdalena Rooijens, professionally known as Kayah, is a Polish singer-songwriter performing a variety of music genres, including pop, soul, jazz, world and dance. She has also experimented with disco, funk, electronica as well as Balkan and Jewish music.

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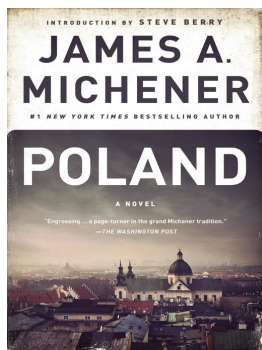
Fiction



“Flights” by Olga Tokarczuk

Winner of the Nobel Prize in literature. – Chopin's heart is carried back to Warsaw in secret by his adoring sister. A woman must return to her native Poland in order to poison her terminally ill high school sweetheart, and a young man slowly descends into madness when his wife and child mysteriously vanish during a vacation and just as suddenly reappear. Through these brilliantly imagined characters and stories, interwoven with haunting, playful, and revelatory meditations, *Flights* explores what it means to be a traveler, a wanderer, a body in motion not only through space but through time. Enchanting, unsettling, and wholly original, *Flights* is a master storyteller's answer.

Historical Fiction



“Poland : a novel” by James A. Michener, Steve Berry

In this sweeping novel, James A. Michener chronicles eight tumultuous centuries as three Polish families live out their destinies.



The world’s largest collection of international recipes and global food culture. For each country you will find information on Food culture -- Beverages -- Recipes. When searching for **Poland**, you will find over 20 very yummy recipes covering appetizers, salads, main dishes, side dishes, desserts, and beverages.


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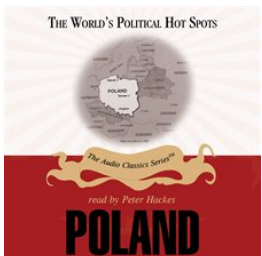
Travel

	<p>“Lonely Planet Poland” by Simon Richmond, Mark Baker, Marc Di Duca</p> <p>Sample Krakow's nightlife, learn dramatic history in Warsaw and wander Gdansk's medieval lanes - all with your trusted travel companion. Get to the heart of Poland and begin your journey now!</p>
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Non-fiction

	<p>“Jadwiga, Poland’s Great Queen” by Charlotte Kellogg, Frank H. Simonds</p> <p>This is the story of a great love and a great sacrifice and of a queen's work built on that sacrifice. It takes us back five hundred years, to the brilliant court of that King Louis of Hungary who ruled the half of Europe - the court where his gifted youngest daughter, Jadwiga, grew up. It takes us to Vienna, for Jadwiga was betrothed to the young Crown Prince of Austria. Then to Krakow, early capital of Poland, where Jadwiga was called as queen and where she made her supreme renunciation.</p>
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Audiobook

	<p>“Poland” by Victoria Varga, read by Harry Reasoner</p> <p>The breakdown of Europe's Eastern Bloc proves that the map of Europe cannot be redrawn merely to serve political ends. Perhaps no country illustrates this more clearly than Poland, whose borders often have been a negotiating tool of the Big Powers. These cassettes enlighten our understanding of the current drama in Eastern Europe.</p>
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Movie - Polish language



“United States of Love - Zjednoczone stany milosci” director Tomasz Wasilewski, 2016, 106 min.

Poland, 1990. The winds of change are blowing in Poland. The first euphoric year of freedom, but also of uncertainty for the future. Four apparently happy women of different ages decide it's time to change their lives, fight for their happiness and fulfill their desires.

Documentary



“Hiding and Seeking : Faith and Tolerance After the Holocaust” director Menachem Daum, Oren Rudavsky, 2004, 85 min.

This award-winning documentary tells the dramatic and emotional story of a Jewish father who journeys with his two ultra-orthodox sons back to Poland to try to find the Christian farmers who hid their family from the Nazis. His hope is to instill in his insulated and narrow-minded sons the power of interfaith tolerance and trust.